

## *Mission Statement*

*Quality choices in a caring and inclusive, home-like community.*

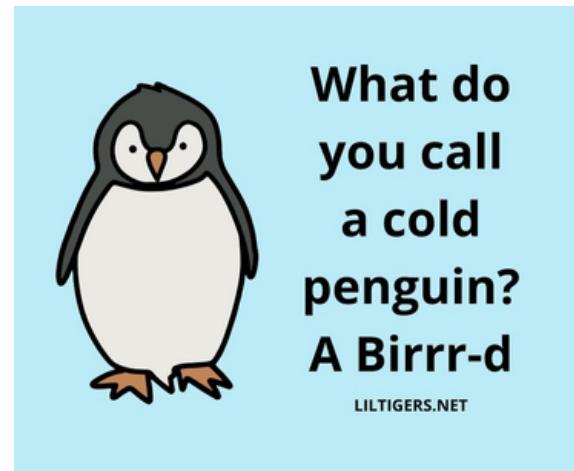
*A tradition of promoting dignity and independence for those we serve and their families.*



As we begin a new year, we want to take a moment to say thank you to everyone who lives here and to the families and friends who continue to support our community. Over the past year we have shared meaningful moments, laughter, learning, and connection, and we are grateful for the care and kindness that each of you brings to daily life here.

The year ahead is full of new opportunities to come together, celebrate, and create moments that matter. We look forward to continuing this journey with you, side by side. Wishing you a peaceful, healthy, and joyful New Year.

## Joke Junction





# JANUARY OUTINGS



## Guelph Storm Game Outing

Sunday January 4<sup>th</sup> Leaving at 1:15pm

Cost is \$10 transportation plus spending money



## Lunch Outing to East Side Marios

Tuesday January 6<sup>th</sup> Leaving at 11:15am

Cost is \$10 transportation plus cost of lunch



## Shopping at Walmart Outing

Wednesday January 21st Leaving at 1:30 p.m.

Cost is \$10 transportation plus spending money

*All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.*

# January Community Centre/Chapel Programs & Events

Tuesday January 13<sup>th</sup> at 2:00pm

Dublin St. United Service



Wednesday January 14<sup>th</sup> at 10:00am

St. Andrew's Service

Wednesday January 14<sup>th</sup> at 2:00pm

Happy Hour with Record Day Combo Entertaining

Saturday January 17<sup>th</sup> at 2:00pm

Beat the Winter Blues BINGO with  
Students from University of Guelph



Wednesday January 21<sup>st</sup> at 10:00am

Roman Catholic Mass

Thursday January 22<sup>nd</sup> at 2:00pm

Birthday Party with Woody Woodburn Entertaining

Monday January 26<sup>th</sup> at 2:00pm

Robbie Burns Party with Bob MacLean Entertaining

Tuesday January 27<sup>th</sup> at 2:00pm

Memorial Service



Wednesday January 28<sup>th</sup> at 10:00am

St. George's Service

Wednesday January 28<sup>th</sup> at 2:00pm

Accordion with Gary



# Working on our Wings

## Updates on The Butterfly Approach for Residents and Families



The Elliott Community is the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, person-centred and emotion-focused model of care. The Wellington, Fountain and Edinburgh home areas. The Butterfly Approach is in progress on the Eramosa and Paisley home areas. The Elliott Community is working towards accreditation in all long-term care home areas in 2026.

### Festive Fun for the Holidays!

We had a great time dressing up the home areas and balconies for the holidays. The people living and working in Long-term care did an amazing job bringing holiday magic to the home this year with garland, ribbons, bows, ornaments paper and lots of creativity. Thank you to everyone who took the time to make each home area look and feel special this season!



# Working on our Wings

## Training for Team Members Starts this Month

The next round of Butterfly Training will be starting on Friday, January 9 for team members who work in Paisley and Eramosa as well as any new team long-term care team members at The Elliott. The training will cover eight workshops over four days and will run wrap up at the end of March. We look forward to learning together and bringing new ideas and concepts back to the home areas.

## Still Looking for Mugs

Thank you to everyone who has donated their mugs. We will be using these to enhance the dining experience in all home areas to make it feel more like home. We are still collecting if you have mugs at home that you no longer need. Colourful, funny and unique mugs that are average sized and dishwasher safe are preferred.

If you have mugs to donate, please bring them to Lindsay Marinovic's office in the orange hallway on the Wellington home area or leave them at reception. Thank you for contributing!

*If you have questions or ideas regarding The Butterfly Approach, please contact Lindsay Marinovic, Resident Experience Lead at 519-822-0491 ext. 2110 or [LMarinovic@elliottcommunity.org](mailto:LMarinovic@elliottcommunity.org).*

# INFECTION CONTROL & PREVENTION UPDATE

## Routine Practices & Additional Precautions: Everyone's Role in Infection Prevention

### Infection Prevention

During the winter months, infections such as colds, flu, COVID-19, and stomach viruses are more common. To protect residents, families, visitors, and staff, our home follows Routine Practices and Additional Precautions. Your cooperation plays a very important role in keeping everyone safe.

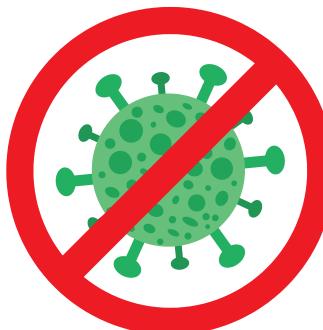
### What Are Routine Practices?

Routine Practices are simple infection-prevention steps used every day for everyone, even when no one appears sick.

As a visitor or family member, Routine Practices mean:

- ✓ Cleaning your hands when entering and leaving the home
- ✓ Cleaning your hands before and after visiting your loved one
- ✓ Covering coughs and sneezes with a tissue or your elbow
  - ✓ Avoiding visits if you are feeling unwell
  - ✓ Following staff guidance during your visit

These steps help prevent germs from spreading from person to person.



# INFECTION CONTROL & PREVENTION UPDATE

## What Are Additional Precautions?

Sometimes, extra steps are needed when a resident has a known or suspected infection. These are called Additional Precautions.

You may notice:

- ✓ Signs on a resident's door
- ✓ Requests to wear PPE (such as a mask, gown, or gloves)
  - ✓ Instructions to clean your hands more often
  - ✓ Limits on where you can go during your visit

These precautions are temporary and are used to protect your loved one and others in the home.

## How Families & Visitors Can Help

You can help keep everyone safe by:

- ✓ Reading and following posted signs
- ✓ Wearing PPE if asked by staff
- ✓ Cleaning your hands before and after your visit
- ✓ Avoiding visits if you have cold, flu, or stomach symptoms
- ✓ Asking staff if you are unsure what precautions are needed

Your support helps reduce the risk of outbreaks.

## IPAC Myth-Buster: “Precautions mean visits are not allowed and not safe”

✗ Myth: It's not safe and not allowed to visit when precautions are in place.

- ✓ Fact: Visits are still safe and allowed when instructions are followed. Precautions allow families to visit while protecting residents.

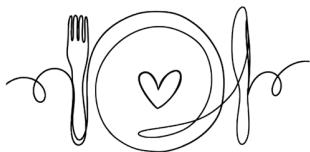


# General Store

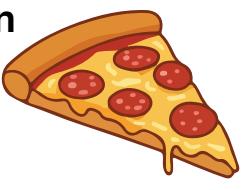
## Hours of Operation

	Morning	Afternoon
Monday	<b>9:30-11:30am</b>	<b>12:15-3:30pm</b>
Tuesday	<b>9:30-12:30pm</b>	<b>1:30-3:30pm</b>
Wednesday	<b>9:30-12:30pm</b>	<b>12:30-3:30pm</b>
Thursday	<b>9:30-12:30pm</b>	<b>12:30-2:20pm</b>
Friday	<b>9:30 - 12:00pm</b>	<b>Closed</b>
Saturday	<b>Closed</b>	<b>Closed</b>
Sunday	<b>9:30-12:30pm</b>	<b>Closed</b>

Thank you for your business!



# JANUARY SPECIALS MENU

MONDAY	WEDNESDAY	THURSDAY	FRIDAY
		 1	3 Soup & Garlic Bread \$10
5 Happy Hour 6:30-7:30pm	7 Chicken Souvlaki Plate \$14 	8 Happy Hour 6:30-7:30pm	9 Smash Burger w/ Fries or Salad \$14
12 Happy Hour 6:30-7:30pm	14 Soup & Tea Biscuit \$10 	15 Happy Hour 6:30-7:30pm	16 Fish & Chips \$14 
19 Happy Hour 6:30-7:30pm	21 Lasagna with Caesar Salad \$12 	22 Happy Hour 6:30-7:30pm	23 Pork Schnitzel Dinner \$14
26 Happy Hour 6:30-7:30pm	28 Customize your own Pizza \$12 	29 Happy Hour 6:30-7:30pm	30 Chicken Pie with Salad \$12 

Monday and Thursdays-  
Happy Hour 6:30-7:30pm  
\$5.00/alcoholic drink (1 drink maximum)

Wednesdays & Fridays:  
11:00am-2:00pm Lunch

